



MILSIA induced impairment is not generally detectable beyond 12 hours. The effects of MILSIA, the procedure, concomitant medications, the age and the condition of the patient should be considered when advising patients on:

- The advisability of being accompanied on leaving the place of administration
- The timing of recommencement of skilled or hazardous tasks such as driving
- The use of other medicines that may sedate (e.g. benzodiazepines, opiates, alcohol)

As with other anaesthetics, sexual disinhibition may occur during recovery.

#### Epileptic patients:

When MILSIA is administered to an epileptic patient, there may be a risk of convulsion.

#### Electroconvulsive treatment:

The use of MILSIA is not recommended with electroconvulsive treatment.

#### Mitochondrial disease:

Caution should be taken when treating patients with mitochondrial disease. These patients may be susceptible to exacerbations of their disorder when undergoing anaesthesia, surgery and ICU care. Maintenance of normothermia, provision of carbohydrates and good hydration are recommended for such patients. The early presentation of mitochondrial disease exacerbation and of the “propofol infusion syndrome” may be similar.

#### Advisory statements concerning intensive care unit (ICU) management:

Use of propofol emulsion infusions for ICU sedation has been associated with a constellation of metabolic derangements and organ system failures that may result in death. Reports have been received of combinations of the following: metabolic acidosis, rhabdomyolysis, hyperkalaemia, hepatomegaly, renal failure, hyperlipidaemia, cardiac arrhythmia, brugada-type ECG (elevated ST-segment and coved T-wave) and rapidly progressive cardiac failure usually unresponsive to inotropic supportive treatment. Combinations of these events have been referred to as the “propofol infusion syndrome”. These events are mostly seen in patients with serious head injuries and children with respiratory tract infections who received dosages in excess of those advised in adults for sedation in the ICU.

The following appear to be the major risk factors for the development of these events: decreased oxygen delivery to tissues; serious neurological injury and/or sepsis; high dosages of one or more of the following pharmacological medicines - vasoconstrictors, steroids, inotropes and/or MILSIA (usually at dose rates greater than 4 mg/kg/h for more than 48 hours).

Prescribers should be alert to these events in patients with the above risk factors and promptly consider decreasing or stopping the MILSIA dosage when the above signs develop. All sedative and therapeutic medicines used in the ICU, should be titrated to maintain optimal oxygen delivery and haemodynamic parameters. Patients with raised intra-cranial pressure should be given appropriate treatment to support the cerebral perfusion pressure during these treatment modifications.

Anaesthetists are reminded if possible, not to exceed the dosage of 4 mg/kg/h.

Appropriate care should be applied in patients with disorders of fat metabolism, patients predisposed of fat embolism and in other conditions where lipid emulsions must be used cautiously. Fat metabolism may be affected in conditions such as renal insufficiency, uncompensated diabetes mellitus, certain forms of liver insufficiency, metabolic disorders, severe trauma including long bone and multiple fractures, and sepsis.

It is recommended that blood lipid levels should be monitored if propofol is administered to patients thought to be at particular risk of fat overload (see section 4.2, “Method of administration”).

Lipids should be monitored in all patients if the duration of sedation is in excess of 3 days.

In the elderly, debilitated or ASA III or IV patients, rapid single or repeated bolus administration should not be used in order to minimise undesirable cardiorespiratory side effects.

#### Information on excipients of MILSIA:

MILSIA contains less than 1 mmol sodium (23 mg) per vial, that is to say essentially ‘sodium-free’.

#### 4.5 Interaction with other medicines and other forms of interaction

Concomitant use of benzodiazepines, parasympatholytic medicines or inhalational anaesthetics has been reported to prolong the anaesthesia and to reduce the respiratory rate.

It is recommended that MILSIA be given after opioids so that the dose of MILSIA can be carefully titrated against the response.

After supplementary pre-medication of opiates, apnoea may occur with increasing frequency and over a prolonged period.

After administration of fentanyl, the blood level of MILSIA may be temporarily increased, with an increase in rate of apnoea.

The dosage of MILSIA should be reduced if used with nitrous oxide or halogenated anaesthetics. Although MILSIA does not potentiate the effects of neuromuscular blockers, bradycardia and asystole have occurred after use of MILSIA with atracurium or suxamethonium.

When MILSIA is combined with centrally depressant medicines administered parenterally, severe respiratory and cardiovascular depression may occur.

Leucoencephalopathy has been reported with administration of lipid emulsions such as MILSIA in patients receiving ciclosporin.

Profound hypotension has been reported following anaesthetic with propofol in patients treated with rifampicin.

A need for lower doses has been observed in patients taking valproate. When used concomitantly, a dose reduction of MILSIA may be considered.

#### 4.6 Fertility, pregnancy and lactation

##### Pregnancy:

The safety of MILSIA during pregnancy has not been established. MILSIA should not be used in pregnant women except when absolutely necessary. MILSIA crosses the placenta and may be associated with neonatal depression. MILSIA should not be used for obstetric anaesthesia unless clearly necessary.

##### Lactation:

MILSIA should not be used in mothers who are breastfeeding as it is distributed in breast milk for the first 24 hours after administration of MILSIA. Milk produced during this period should be discarded.

#### 4.7 Effects on ability to drive and use machines

Patients should be advised that performance at skilled tasks, such as driving and operating machinery, may be impaired for some time after general anaesthesia. MILSIA induced impairment is not generally detectable beyond 12 hours.

#### 4.8 Undesirable effects

System Organ Class	Frequency	Side Effects
<b>Immune system disorders</b>	Less frequent	Anaphylaxis which may include angioedema, bronchospasm, erythema and hypotension
<b>Metabolism and nutrition disorders</b>	Less frequent	Metabolic acidosis <sup>2</sup> , hyperkalaemia <sup>2</sup>
<b>Psychiatric disorders</b>	Frequency unknown Less frequent	Hyperlipidaemia <sup>2</sup>
<b>Psychiatric disorders</b>	Less frequent	Euphoric mood, medicine abuse and drug dependence (see section 4.4)
<b>Nervous system disorders</b>	Frequent	Involuntary movements, headache during recovery phase
	Less frequent	Shivering or sensations of cold during recovery period, epileptiform movements, including convulsions and opisthotonos during induction, maintenance and recovery; post-operative unconsciousness that may be accompanied by an increase in muscle tone, dizziness
<b>Cardiac disorders</b>	Frequent Less frequent	Tachycardia, bradycardia Cardiac dysrhythmia <sup>2</sup> , cardiac failure sometimes with fatal outcome have been observed with doses exceeding 4 mg/kg/hour <sup>2</sup>
<b>Vascular disorders</b>	Frequent Less frequent	Hypotension <sup>5</sup> , hypertension Premature ventricular contractions, premature atrial contractions, syncope, abnormal ECG, ST segment depression, thrombosis and phlebitis
<b>Respiratory, thoracic and mediastinal disorders</b>	Frequent Less frequent	Transient apnoea during induction, hiccups, coughing Pulmonary oedema, respiratory depression (dose dependent)
<b>Gastrointestinal disorders</b>	Less frequent	Nausea and vomiting during recovery phase, abdominal cramping, pancreatitis
<b>Hepato-biliary disorders</b>	Frequency unknown	Hepatomegaly <sup>2</sup>
<b>Skin and subcutaneous tissue disorders</b>	Less frequent	Tissue reactions experienced on accidental extravasation

<b>Musculoskeletal and connective tissue disorders</b>	Less frequent	Rhabdomyolysis <sup>2,8,3</sup>
	Frequency unknown	Dystonia, dyskinesia
<b>Renal and urinary disorders</b>	Less frequent	Discolouration of urine following prolonged administration
	Frequency unknown	Renal failure <sup>2</sup>
<b>Reproductive system and breast disorders</b>	Less frequent	Sexual disinhibition
<b>General disorders and administration site conditions</b>	Frequent	Local pain on induction <sup>1</sup> , tingling, numbness or coldness at the injection site, excitation
	Less frequent	Tissue necrosis following accidental extravascular administration
	Frequency unknown	Local pain, swelling following accidental extravascular administration
<b>Investigations</b>	Less frequent	Brugada type ECG <sup>2,8,4</sup>
<b>Injury, poisoning and procedural complications</b>	Less frequent	Post-operative fever.

<sup>1</sup> Local pain at the injection site may be minimised by injection into a large vein and antecubital fossa or by co-administration of IV lignocaine (lidocaine). After co-administration of lignocaine (lidocaine) the following undesirable effects may occur: giddiness, vomiting, drowsiness, convulsions, bradycardia, cardiac dysrhythmia and shock.

<sup>2</sup> Combinations of these events, reported as “propofol infusion syndrome”, may be seen in seriously ill patients who often have multiple risk factors for the development of the events, see section 4.4).

<sup>3</sup> Reports of rhabdomyolysis have been received when MILSIA has been given at doses greater than 4 mg/kg/hr for ICU sedation.

<sup>4</sup> Brugada-type ECG – elevated ST-segment and coved T-wave in ECG.

<sup>5</sup> Marked hypotension may require use of intravenous fluids and a reduction in the rate of administration of MILSIA. Account should be taken of the possibility of severe drop in blood pressure in patients with impaired coronary or cerebral perfusion or those with hypovolaemia.

#### Reporting of suspected adverse reactions:

Reporting suspected adverse reactions after authorisation of MILSIA is important. It allows continued monitoring of the benefit/risk balance of MILSIA. Healthcare providers are asked to report any suspected adverse reactions to SAHPRA via the “Adverse Drug Reactions Reporting Form”, found online under SAHPRA’s publications: <https://www.sahpra.org.za/Publications/Index/8>

#### 4.9 Overdose

See section 4.8.

Accidental overdosage is likely to cause cardiovascular and respiratory depression. Respiratory depression should be treated by artificial ventilation with oxygen.

Cardiovascular depression would require lowering of the patient’s head, and, if severe, use of plasma expanders and pressor medicines. Treatment is symptomatic and supportive.

## 5. PHARMACOLOGICAL PROPERTIES

### 5.1 Pharmacodynamic properties

*Category and class:* A.2.1 Central nervous system depressants: Anaesthetics.

*Pharmacotherapeutic group:* Other general anaesthetics.

ATC code: N01AC10.

Propofol (2,6-di-isopropylphenol) is a short acting anaesthetic given intravenously for the induction and maintenance of general anaesthesia. It is used for sedation in patients over the age of 16 years undergoing diagnostic procedures, in those undergoing surgery with local or regional anaesthesia, and in ventilated adult patients under intensive care. When used for anaesthesia, induction is rapid (approximately 30 seconds), as is recovery.

The mechanism of action is poorly understood. Falls in mean blood pressure and slight changes in heart rate are observed when propofol is administered for induction and maintenance of anaesthesia.

Ventilatory depression can occur following administration of propofol. Propofol reduces cerebral blood flow, intracranial pressure and cerebral metabolism. Recovery from anaesthesia is usually rapid and clear headed. Propofol has an anti-emetic effect. Propofol, at the concentrations likely to occur clinically, does not inhibit the synthesis of adrenocortical hormones.

### 5.2 Pharmacokinetic properties

Propofol is 98 % bound to plasma proteins.

The decline in propofol concentrations following a bolus dose, or following the termination of an infusion, can be described by a three-compartment open model.

The first phase is characterised by a rapid distribution (half-life 2 – 4 minutes), followed by rapid elimination (half-life 30 - 60 minutes) and a slower final phase, representative of redistribution of propofol from poorly perfused tissue.

Propofol is extensively distributed and rapidly cleared from the body (total body clearance 1,5 - 2 litres/minute).

Clearance occurs by metabolic processes, mainly in the liver, to form inactive conjugates of propofol and its corresponding quinol, which are excreted in the urine.

The pharmacokinetics are linear over the recommended range of infusion rates of propofol.

Under the usual maintenance regimens, significant accumulation of propofol does not occur.

## 6. PHARMACEUTICAL PARTICULARS

### 6.1 List of excipients

Egg lecithin  
Glycerol  
Medium chain triglycerides  
Refined soybean oil  
Sodium hydroxide (for pH adjustment)  
Sodium oleate  
Water for injection.

### 6.2 Incompatibilities

MILSIA should not be mixed prior to administration with injections or infusion fluids other than 5 % dextrose or lignocaine (lidocaine) injection or alfentanil injection (see above).

The neuromuscular blocking medicines atracurium and mivacurium should not be given through the same IV line as MILSIA without prior flushing.

### 6.3 Shelf life

*Unopened vials:*  
24 months.

#### *After dilution:*

Dilutions should be prepared aseptically immediately before administration and must be used within 6 hours of preparation.

### 6.4 Special precautions for storage

Store at or below 25 °C. Do not freeze. Shake well before use. Discard any unused portion after 6 hours.

### 6.5 Nature and contents of container

MILSIA is presented in clear colourless glass vials (20 mL, 50 mL) or bottle (100 mL) with a grey bromobutyl rubber stopper crimped with a silver-coloured aluminium cap and light blue polypropylene flip-off cap. The vials/ bottles are placed in a carton with a package insert and patient information leaflet.

### MILSIA is available in the following pack sizes:

MILSIA 1 % 20 mL: Carton containing 5 vials of 20 mL of emulsion for injection or infusion.

MILSIA 1 % 50 mL: Carton containing 5 vial of 50 mL emulsion for injection or infusion.

MILSIA 1 % 100 mL: Carton containing 1 bottle of 100 mL emulsion for injection or infusion.

MILSIA 2 %: Carton containing 1 vial of 50 mL emulsion for injection or infusion.

### 6.6 Special precautions for disposal and other handling

*In use precautions:*

Containers should be shaken before use.

Any portion of the contents remaining after use should be discarded.

## 7. HOLDER OF CERTIFICATE OF REGISTRATION

Biotech Laboratories (Pty) Ltd  
Ground floor, Block K West, Central Park  
400 16<sup>th</sup> road, Randjespark, Midrand 1685  
South Africa

## 8. REGISTRATION NUMBERS

MILSIA 1 % 20 mL: A45/2.1/0701

MILSIA 1 % 50 mL: A45/2.1/0702

MILSIA 1 % 100 mL: A45/2.1/0703

MILSIA 2 %: A45/2.1/0704

## 9. DATE OF FIRST AUTHORISATION/RENEWAL OF THE AUTHORISATION

30 September 2016

## 10. DATE OF REVISION OF THE TEXT

03 August 2021